



Patient Instructions

for preparation of powdered Similac® infant formulas

INFANT FORMULA MIXING INSTRUCTIONS: POWDER

- Hypercaloric formulas should be used under the direction of a physician
- 27 Cal/fl oz or more calorically dense formula may not supply enough water for some infants. Hydration status should be monitored and water supplied from other sources if necessary
- Fill out section on the next page

The following tables show the quantity of water to mix with the number of unpacked, level scoop(s) of powder to arrive at the approximate caloric densities shown. Use only the scoop provided in the container.

Caloric Density Cal/fl oz	Water, fl oz (mL)*	Unpacked, Level Scoop(s)	Approx. Yield fl oz
20	2 (60)	1	2
22	3½ (105)	2	4
24	5 (150)	3	5½
26	1½ (45)	1	2

* Rounded to nearest 5 mL.

Caloric Density Cal/fl oz	Water, fl oz (mL)*	Unpacked, Level Scoop(s)	Approx. Yield fl oz
27	4¼ (125)	3	5
28	5½ (165)	4	6½
30	5 (150)	4	6

For Select Similac® Containers:
(8.6–8.8 g POWDER PER SCOOP)



Similac® 360 Total Care®



Similac® 360 Total Care®
Sensitive



Similac® Organic



Similac® Organic
with A2 Milk



Similac® Alimentum®



Similac® Advance®



Similac Total Comfort®



Similac Sensitive®



Similac® Soy Isomil®

FOR HEALTHCARE PROFESSIONALS ONLY

POWDERED SIMILAC® INFANT FORMULA RECIPE

Date: _____

It is important that you use the formula checked by your doctor below and follow the appropriate mixing directions. Please review the formula mixing guide on the back page.

Baby's name: _____ Healthcare professional: _____ Patient # _____

This Recipe Provides

_____ calories per fl oz

Measured Water		Scoop(s) of Unpacked, Level Powder*		Approx. Yield fl oz
_____ fl oz	+	_____ scoop(s)	=	_____ fl oz
Or				
_____ mL				

Healthcare professional to complete chart.

For Select Similac® Containers:
8.6–8.8 g POWDER PER SCOOP



Similac® 360 Total Care®



Similac® 360 Total Care® Sensitive



Similac® Organic



Similac® Organic with A2 Milk



Similac® Alimentum®



Similac® Advance®



Similac Total Comfort®



Similac Sensitive®



Similac® Soy Isomil®

* Use only scoop provided in container.

See back for powdered formula preparation instructions.

QUESTIONS? GET LIVE HELP AT 1-800-986-8800 (M-F, 8:30 AM – 7 PM ET)



HOW TO PREPARE POWDERED **SIMILAC**® INFANT FORMULAS

It is very important to be careful when preparing your baby's formula. Using incorrectly prepared formula could cause illness.

GETTING READY



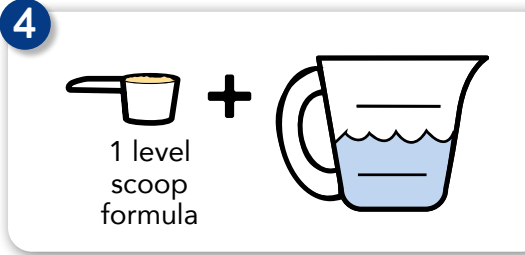
1 Wash your hands and utensils. Rinse.



2 If recommended by your doctor, sterilize the bottles, nipples, and rings. You may also need to boil water for the formula.



3 If water has been boiled, let it cool. Pour cool water into a measuring cup.



4 Follow recipe provided by your baby's healthcare professional.

STORING FORMULA



5 Cap and shake well.



6 Once mixed, store formula in the refrigerator right away; use within 24 hours.

FEEDING BABY



7 Take bottle from fridge. Heat in a bowl of warm water, under running warm water, or in a bottle warmer. Shake well.



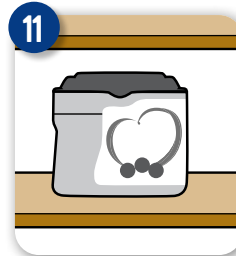
8 Attach nipple to bottle. Test formula temperature.



9 Feed baby.



10 Once feeding begins, use within 1 hour or throw away the formula in the bottle.



11 Close the container and store in a cool, dry place. Once opened, use powder within 1 month.

STORING POWDER

WARNING

Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor. Never use a microwave to warm formula. Serious burns can result.

